



WORKING TOGETHER



SWEET STUFF: Spotted at the Kamloops Farmers' Market downtown on Wednesday, long-time vendor Emma Molina shows shoppers her fresh produce, baking and preserves. She and her husband Antonio own Berry Sweet Garden in Kamloops.

Farmers' markets thrive

A great way to support the local economy and glean some fresh produce, baking, art and handmade goods is by visiting one of the farmers' markets in our riding.

Kamloops has two: Wednesdays from 8-2, and Saturdays from 8:30-12:30. Shoppers are asked to "shop, don't stop" to reduce crowding, and urged not to attend if unwell.

New this year to help with social distancing at the Saturday market is online shopping with curbside pickup: www.localline.ca/kamloops-farmersmarket

Barriere has a market on Thursdays from 10-3 beside Sam's Pizza, Clearwater's is Saturday from 9-noon at Dutch Lake Community Centre, and Sun Peaks' is Sunday

from 9:30-1:30.

The South Cariboo Farmers' Market in 100 Mile is on Fridays from 10-1 at Birch and Third, Clinton's is at Hunnies on Sundays from 10-2, and there's one Saturdays from 10-2 at Interlakes Corner on Highway 24.

It's more important than ever to support local, so I encourage people to visit their farmers' market!

Canada thirsty for more than a snapshot

There is no question that extra spending was necessary by the federal government with the COVID-19 pandemic, but the lack of a plan for what's next is deeply concerning.

The Finance Minister provided a "fiscal snapshot" to the country last week and the \$343-billion deficit forecast is 10 times what was projected before the pandemic.

But more troubling than the out-of-control spending is there is no transition plan in place to help individuals and businesses move forward.

It's essential to redesign some of these programs for economic recovery; CERB, for instance, gives people little incentive to try to work if they are going to be cut off by earning over \$1,000.

We need a plan, not just a snapshot, from government that helps outline how and where we proceed from here.